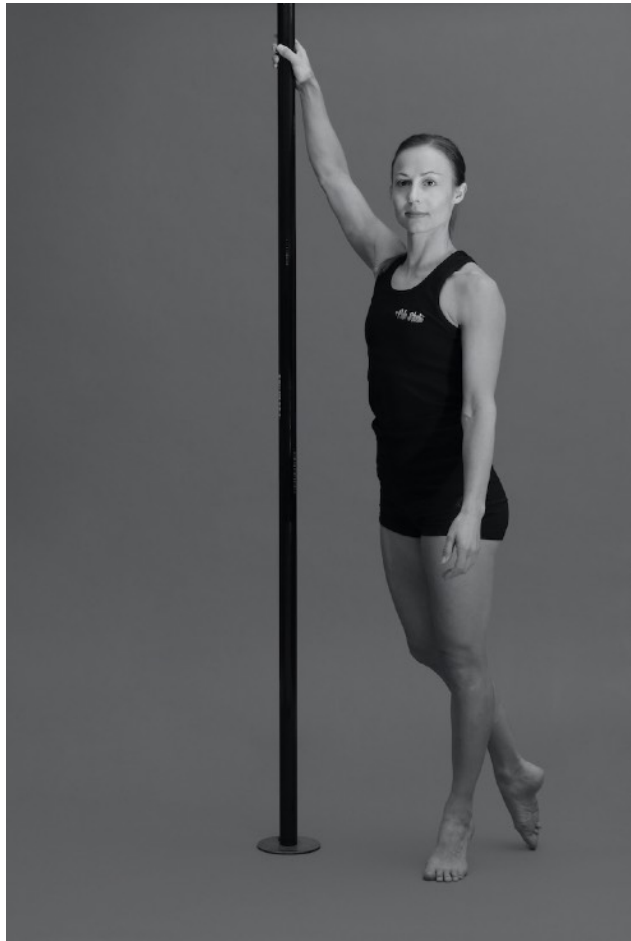


Syllabus Beginner Level 1 & 2



Walk Level 1 Transitional Move



1/2 Pirouette Level 1 Transitional Move



Reverse Pirouette Level 1 Transitional Move

Syllabus Beginner Level 1 & 2



Full Pirouette Level 1 Transitional Move



Outside Step down + Hook and Arch Pose
Level 1 Transitional Move



Tango Turn Level 1 Transitional Move

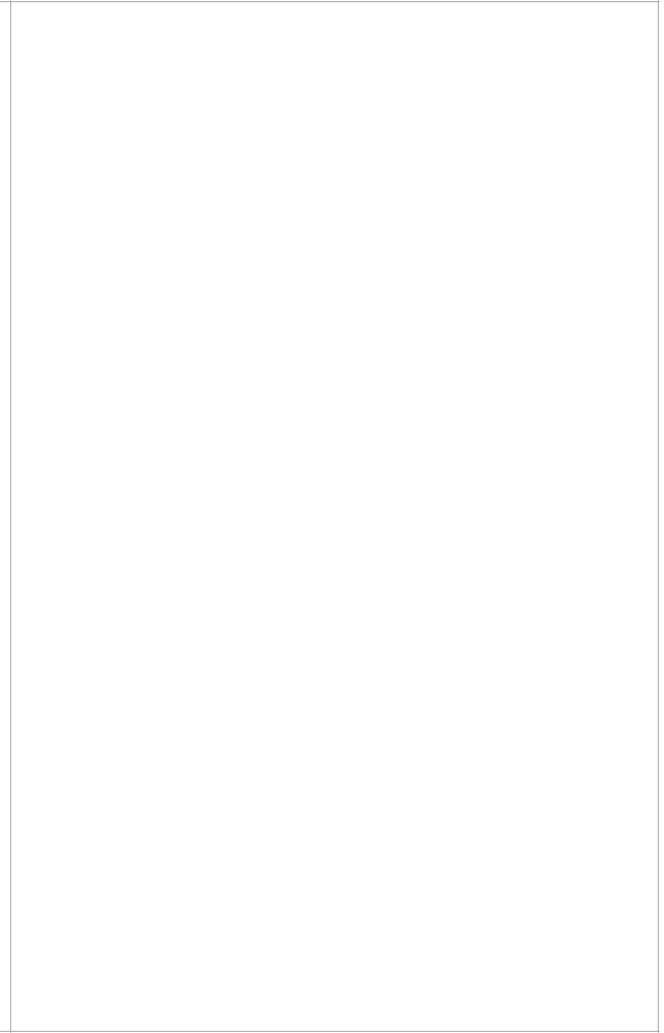
Syllabus Beginner Level 1 & 2



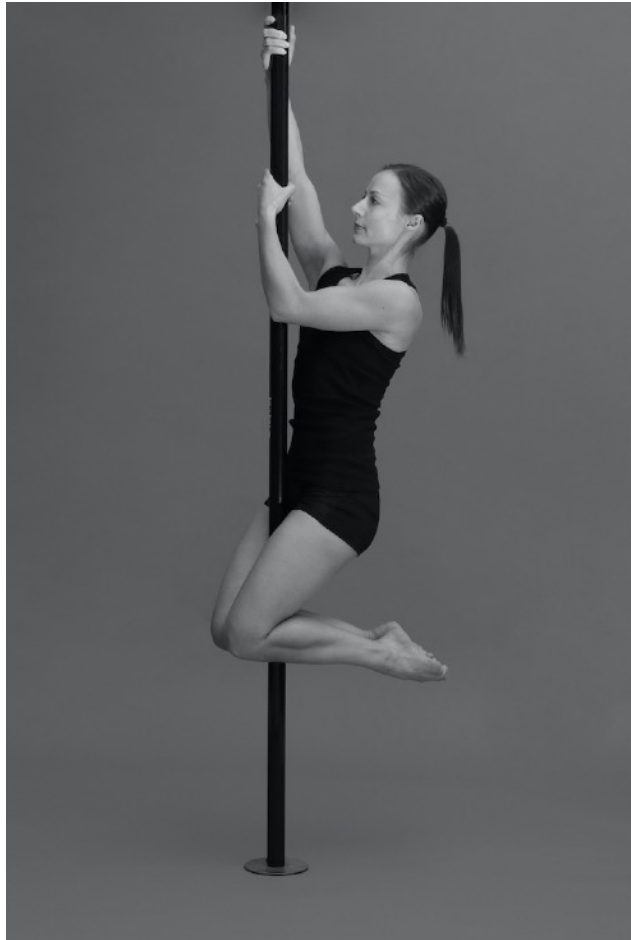
The Faint Level 1 Transitional Move



Standing Slide Level 1 Transitional Move



Syllabus Beginner Level 1 & 2



Basic Fireman Level 1 Spin



Foot Fireman Level 1 Spin

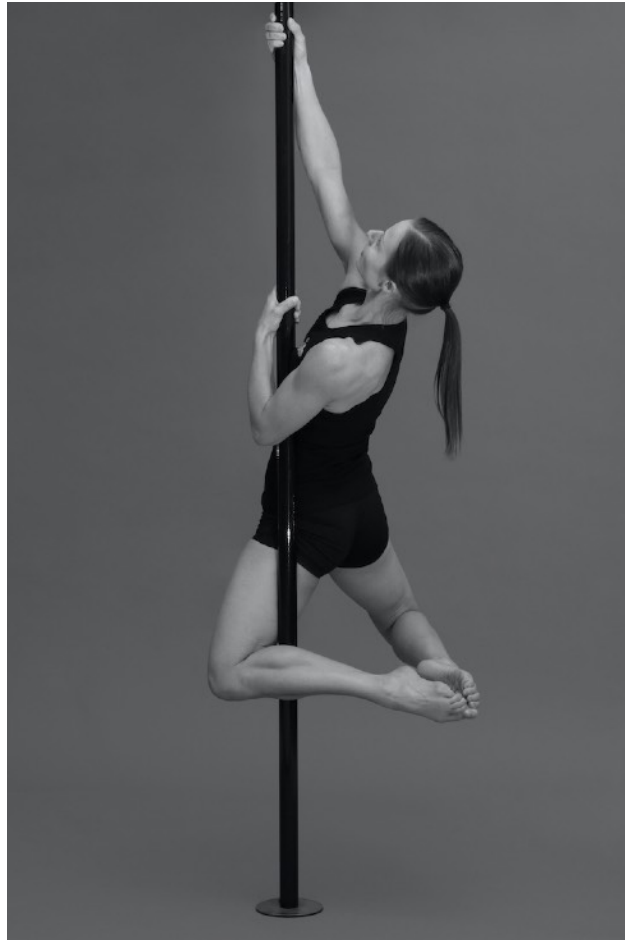


Front Hook Closed Level 1 Spin

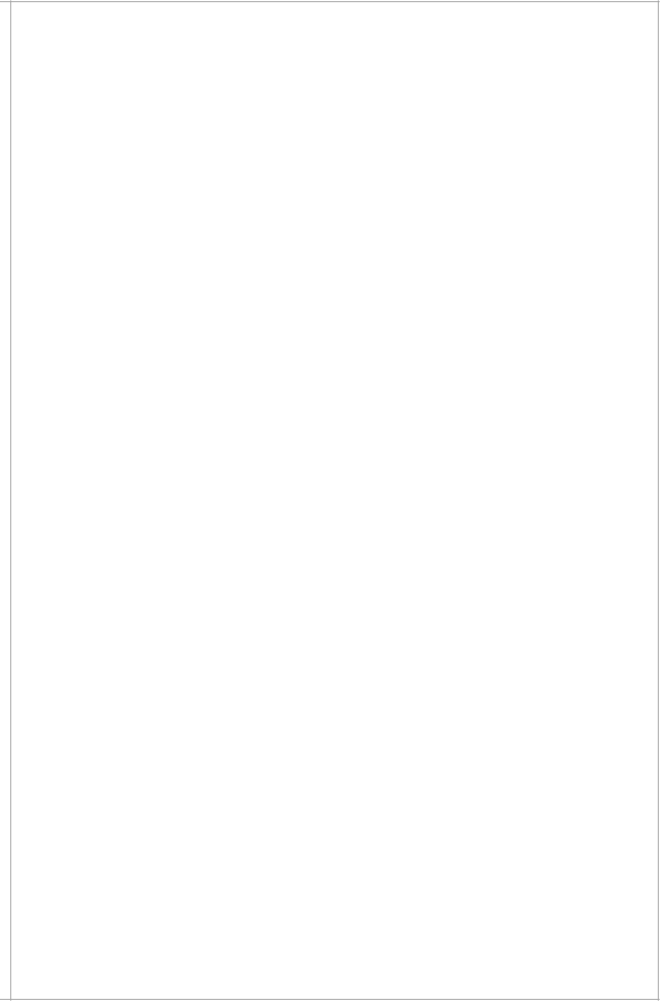
Syllabus Beginner Level 1 & 2



Front Hook Open Level 1 Spin



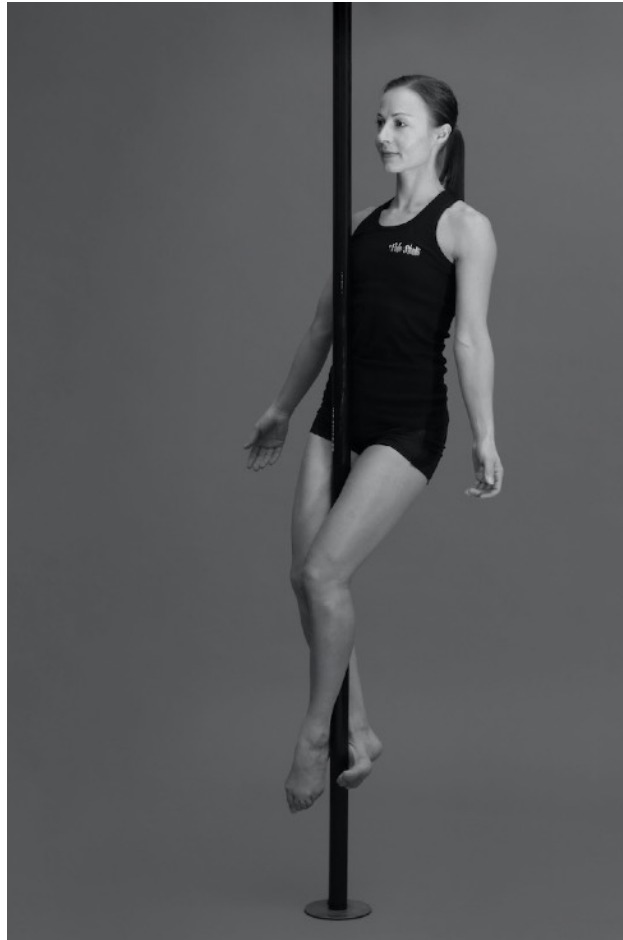
Back Hook Level 1 Spin



Syllabus Beginner Level 1 & 2



Windmills Level 1 Trick



Pole Stand Level 1 Trick



Pole Sit Level 1 Trick

Syllabus Beginner Level 1 & 2



Scissors Hop Level 2 Transitional Move



Half Turn on the Floor Level 2 Floor Work



Windmill on the Floor Level 2 Floor Work



Spin Up Level 2 Transitional Move

Syllabus Beginner Level 1 & 2



Passe Twist to Half Split
Level 2 Transitional Move



Whip Round Level 2 Spin



Carousel Level 2 Spin

Syllabus Beginner Level 1 & 2



Attitude Level 2 Spin



Reverse Attitude Level 2 Spin



Chair Spin Level 2 Spin

Syllabus Beginner Level 1 & 2



Controlled Kick Ups Level 2 Trick



Forward Pole Stand Level 2 Trick



Forward Pole Sit Level 2 Trick

Syllabus Beginner Level 1 & 2



Forward Pole Sit Legs Parallel Level 2 Trick



Turning Climb Level 2 Trick

